

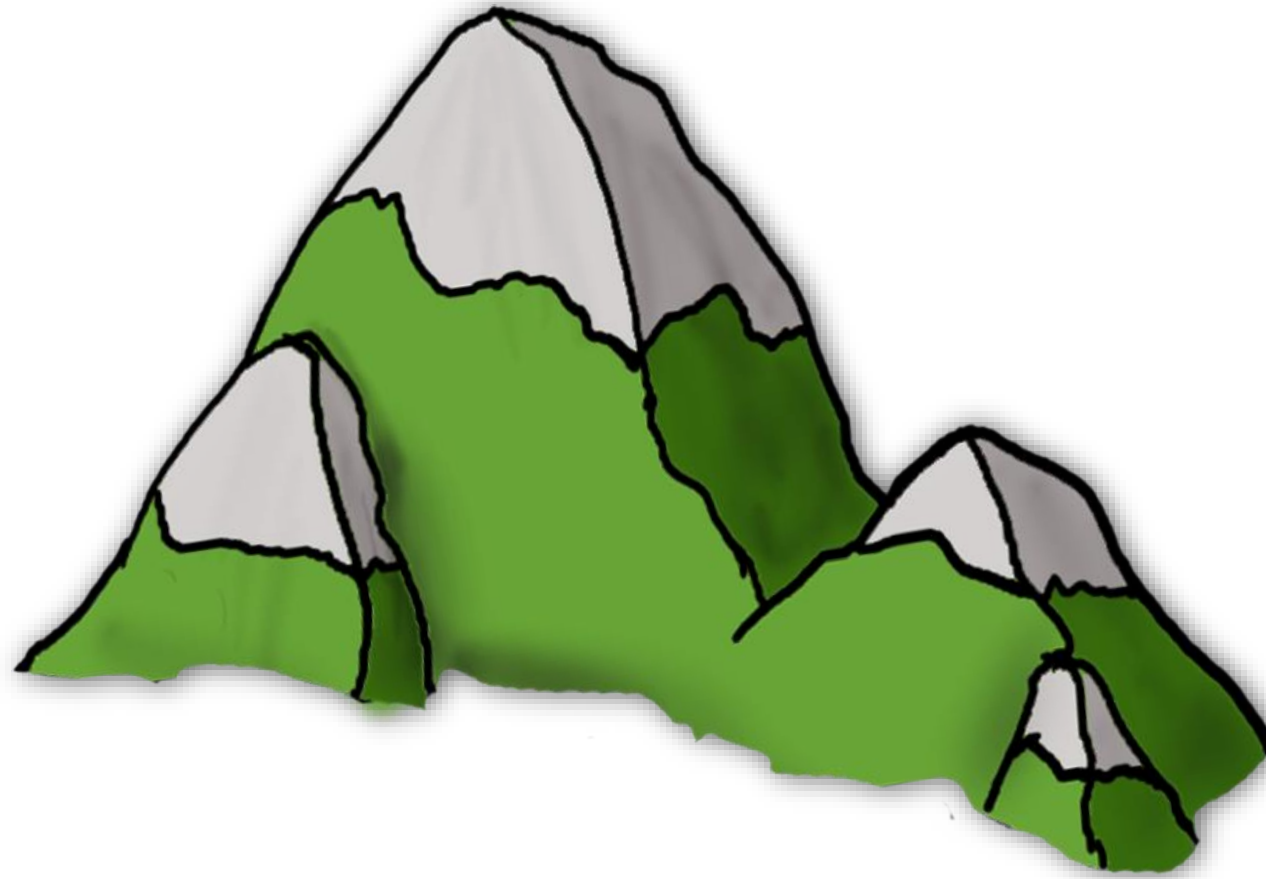


Families Helping Families

Doing Good Game for Families &

Challenges

Quests



The Mountain - 1

I Am

You are the only one who gets to
decide on the word that comes
next.

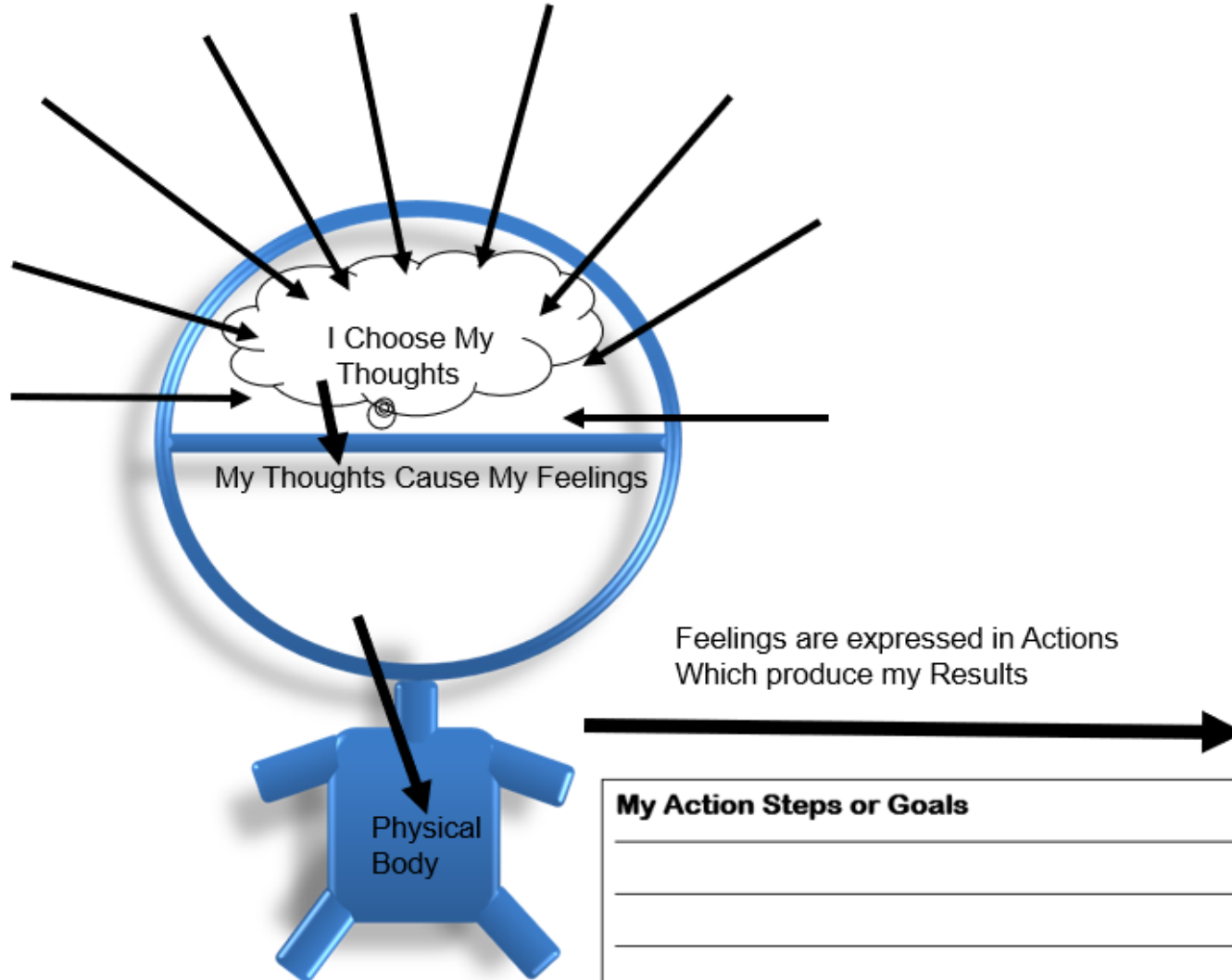
Choose wisely.

You believe what you tell yourself.

Patricia Reed

Arrowhead

My 'I Am' Thoughts



I Choose My Results

WHO I CHOOSE TO BE
WHAT I CHOOSE TO DO
WHAT I CHOOSE TO HAVE

My Action Steps or Goals
